*** SENSITIVE INFORMATION / CLOSE HOLD ***

Department of the Navy Suicide Incident Report (DONSIR)



SECNAV 5350/1 (Rev. 12-02)

dod.nhrc.navy.mil/index.html

To DONSIR Point of Contact (POC):

Department of the Navy (DON) appreciates your assistance in completing this report on the known/suspected suicide casualty at your command. DONSIR was developed to collect data used in identifying military-specific suicide risk factors and strengthening DON's Suicide Prevention Program. The purpose is **not** to determine accountability or culpability for the service member's death.

Confidentiality: Only authorized members of Naval Health Research Center (NHRC) and Suicide Prevention Program Managers will have direct access to personal data. Computerized data will be kept in a secure location at NHRC, protected by strict ADP security procedures. If DONSIR information is requested under the Freedom of Information Act, every effort will be made to release aggregated data only.

Instructions: Information for this report should come from: • written records and

• interviews with military personnel.

- 1. Accessing the decedent's service and medical records first will efficiently answer most of the factual information requested in this report. *Act quickly to access these records before they are transferred elsewhere.* Other documents that could prove useful are counseling records, casualty reports, the autopsy report, the toxicology report, the ballistics report, security reports, investigative reports, the CHCS Medical Appointments List, Log/List of psychiatric or FAP appointments, sworn statements, financial (debt) records, the suicide note, and interview reports.
- 2. Enlist the assistance of knowledgeable professionals. Your best source is likely the command CACO. Other sources might include military police, legal officers, family service center professionals, drug and alcohol counselors, chaplains, the CO, the XO, supervisors, and co-workers. While some of the information requested in the "Medical Information" section can be obtained from the decedent's medical records, the rest may best be obtained from the decedent's medical care and mental health professionals, and/or close associates. A form to record interviews is included twice as page 8 and may be reproduced as needed. You may find it useful to ask interviewees for responses to DONSIR items on other pages, as well.
- 3. On pages 9 and 10 of the DONSIR, please summarize your &/or command conclusions and recommendations. These responses will be used to compile a "Lessons Learned" summary for the Fleet and to guide prevention program development.

Please <u>return the entire form within 4 weeks of receipt</u> in the envelope provided. Before mailing, you are encouraged to fax the completed form to your respective Suicide Prevention Program Manager at the number below.

Thank you for your careful completion of this report.

Please direct any questions or comments to:

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or to your respective Suicide Prevention Program Manager:

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		DON Suicide			_	`	,	Page 1
cases of unsuccessful sui	cide attempt.	on (suspected or known) s Note: If a specific item an estimate of your time inv	cannot	be answered, p				
Information on PO						(DOC'a)	Daalagraund:	
	_					0. (POC s) 1 □ 1. Medi	Background: cal/Health	
		le:					/JAG/Investigative/0	CACO
1b. Paygrade: (E6, O2, W4,					-	□ 3. Chap		
3. Command:		Comm. ()					nistrative/Personnel	
4. Phone: DSN		Comm. ()			_	☐ 5. Other	/Combination; speci	fy:
or Non-U.S.:						<u> </u>		
5. E-mail address:			١.		2 4	5 (7	8910	
7. How well did you i	know the dec	cedent? (circle a number		I2 Not At All	34	36/-	Extremely W	ell
(T. 17)				lty Informat	tion			
1. Decedent's (Last, Fi	rst, Suffix [=.	r., etc.])	2.	SSN:			Branch:	4. Sex:
Name:			_	- — - — —			1. USN ☐ 3. USMC 2. USNR ☐ 4. USMCI	☐ Male ☐ Female
5. Birth Date (YYYY/MM/	TDD):	6. Date of Entry (YYYY/M	M/DD):	7a. Time S	Served		7b. Does Time Ser	
/	/	/	/					
			′ — –	yea	ars & _	time UA, etc.): months.	☐ 1. Yes ☐ 0. The ☐ 2. No ☐ 8. Car	ere is none. n't determine.
7c. If not included in	8. Duty Sta	tus at Time of Suicide:	9. D	uty Assignme	nt at T	Time of Suici		
Time Served,			No Ye			No		
amount of prior	☐ 1. On du		1 2	Permanent	t Static	1 D	² 6. Appellate Leav	70
military service:	□ 2. UA□ 3. Deser	□ 5. On leave		2 TAD/TDY	/FltAs	stcProg 🗆	☐ 7. Medical Facili	v
years &	3. Desei	tei 🗖 6. ilicarcerated		3. Reservist o	on AcD	OuTraing.	■ 8. Correctional F	acility
months.				4. Other Train	_		☐ 9. Other (TPU, etc	.); specify:
		1		5. Transferrin				
10a. Was the deceden		10b. Paygrade (unfro					nal Rate (for USN En	
frocked paygrad higher paygrade v		t- at Time of Suici	iae	Paygrad Ever:	ie	Designator	r (USN Officer) or M	OS (USMC):
at the time of the		Act.		Evel.		_		
☐ 1. No		$(E3, \overline{O2}, \overline{W4},$	etc.)	(E3, $\overline{O2}$, $\overline{W4}$, e	(etc.)	Examples: $\frac{Y}{A}$	N_{-} ; 2305 ; $SN enl)$ (USN ofr)	$\frac{6}{0} \frac{0}{1} \frac{1}{2}$.
12a. Race/Ethnicity:	2 . 105	· ·					alty DD-1300, box 6e)	
☐ 1. Caucasian	□ 5 Asian	/Malaysian/Pac. Islndr.	□ 1. N			(other) Hispa		
☐ 2. African Amer.		no / Aleutian Islander		Mexican	□ 8.	American Inc		
☐ 3. Hispanic		own by decedent		1		Aleutian	☐ 19. Other;	specify:
☐ 4. Amer. Indian	■ 8. Other	:				Filippino Korean		
13. Religious Preferen	ice.		U 0. L	Zatili Alliel.			to this event, was:	
☐ 1. Catholic		. Protestant; specify (Lut	heran I	Bantist etc.)	No Y	_	to this event, was.	
☐ 2. Jewish		. 110testant, specify (Eat	norum, r	suprist, etc.).	1	2		
☐ 3. Mormon	 5	. Atheist/Agnostic					Investigative Office	
☐ 4. Christian, no der		. No Religious Preference					report (to be) comploy report (to be) co	
inational prefer	ence \Box 7	. Other:					sy (to be) done?	inpicted?
15a. Was decedent aw	vaiting any	of the following?					e Body Recovered?	
No Yes		G					. No (not found, lost a	sea etc.)
☐ ☐ 1. Admin. sep	o., for:		_				. Yes	. 50u, 0to. j
☐ ☐ 2. Med. Boar	d, for:	or:	_				xact date of the suice	ride act
☐ ☐ 4 Other legal	vai. Board, f Liudoment/n	or: rocessing:				known		141 <u>411</u>
□ □ 5. Release from	om med /legs	al/other holding:					□ 1. No	
		a? wools mion					□ 2. Yes	

b. If yes for any, how long awaiting? ___ weeks prior to suicide.

Casualty Information –continued Page 2				
18. Date Body Found (YYYY/MM/DD)://	20. Day of Week of Act:			
(If body not found, leave blank & no comment required.)	☐ 1. Saturday ☐ 5. Wednesday ☐ 8. Undeterminable (found			
	□ 2. Sunday □ 6. Thursday unknown num. of days			
19. Date of Suicide <u>Act</u> (YYYY/MM/DD):	□ 3. Monday □ 7. Friday later, not found, etc.)			
(If exact date of act is unknown, enter official casualty date.)	□ 4. Tuesday □ 9. Not now known			
	22. Casualty Site: city:			
21. Time of Suicide Act (24-hour clock; local time):	22. Casualty Site. City.			
(Leave blank unless known or estimatable to within a few hours.)	& state: or OCONUS country:			
Decedent's Command (Where Serving, Whether Permanent or Te				
23. Command Name:				
24. Command UIC (USN) or RUC&MCC (USMC):	a. 🗖 1. CONUS 🗖 2. OCONUS			
25. Command Location: city:	b. 🗖 1. Off Government property			
& CONUS state: or OCONUS country:				
26. If decedent's command was USN, what was command's C				
Echelon II? (If USMC cmd. or unknown, leave blank & no comm				
	1			
□ 1. CNET □ 3. LANT □ 5. NRC □ 11. Other, specify:				
□ 2. PAC □ 4. EUR □ 6. RESFOR	Qtrs/Garage			
27. Type of Unit: (select the single, most precise response)	☐ 2. Work/Job site ☐ 6. Remote public area			
□ 01. Aviation □ 06. Medical □ 11. MC Base/Statio	□ 3. Medical □ 7. Common publ. area			
□ 02. Surface □ 07. Academy □ 12. CE; Command	1 1 0 ()4h am			
□ 03. Submarine □ 08. RTC / MCRD □ 13. ACE; Air Comb				
□ 04. Seabee □ 09. Joint Command □ 14. GCE; Ground C				
D 05 CEAL D 10 Major HO D 15 CCCE, Combat				
□ 05. SEAL □ 10. Major HQ □ 15. CSSE; Combat				
☐ 16. Service School:	(specify type 3. Hanging 7. Vehicular impact			
□ 17. Other Shore: >	or name or 4. Carbon Monoxide 38. Other, specify:			
□ 18. Other Ship:	acronym)			
31. Describe act:	34. How much access to a firearm did decedent have at work?			
	\square 1. unlimited \square 2. limited \square 3. no access			
32. If jumped, from what structure?	35. What was decedent's job requirement, if any, to maintain			
☐ 1. Building ☐ 3. Ship	firearm training?			
□ 2. Bridge □ 4. Other:	\square 1. about daily \square 3. about monthly \square 5. none; N/A			
33. If gunshot, weapon source:	□ 2. about weekly □ 4. about yearly			
☐ 1. Duty weapon or military issue ☐ 3. Other, specify:	•			
☐ 2. Owned by decedent	36. Was a suicide note found? \square 1. No \square 2. Yes \square 9. Unk.			
	39. Any evidence the incident involved death-risk			
37a. Was alcohol involved just prior to or during the incident:				
☐ 1. No (no evidence or BAL <0.01 g/dl).	gambling (Russian roulette, walking railroad tracks, etc.)?			
☐ 2. Unlikely (not suspected and/or BAL not performed).	□ 1. No □ 2. Yes			
☐ 3. Likely (suspected due to presence at site or interview(s) or BAL per	ding). 40a. Was there any accompanying act of violence			
☐ 4. Yes (confirmed by lab or interview).	(threats, hostage-taking, assault, homicide, etc.)?			
b. If yes , blood alcohol level/content (BAL or BAC):	g/dl \square 1. None (known of) \square 2. Yes			
,	1. None (known of) 2. Tes			
38. Evidence of other substance involvement:	If yes (if no, skip sub-items b & c, no comment required):			
No Unlikely Likely Yes	b. Was a homicide involved? ☐ 1. No ☐ 2. Yes			
□ □ □ a. Psychotropic/pain/sleep prescription	c. What was relationship with murdered (romantic interest,			
□ □ □ b. Other prescription medication(s)				
□ □ □ c. Non-prescription medication(s)	spouse's friend, co-worker, etc.)?			
□ □ □ d. Other legal substance/chemical(s)	41. Was anyone within range to vocally (through a locked			
□ □ □ e. Illegal/Illicit substance/chemical(s)	door, etc.) or physically (hands on) intervene at the			
□ □ □ f. Other:	time of the suicide act?			
1 2 3 4	□ 1. No □ 2. Yes □ 3. Undetermined			
42. For items in the preceding section, your comments (optional)				
unanswered item (refer to decedent as SNM):	or any went unator a ories explanation (required) for each			
ununsweren nem (rejer 10 necenem us SIVIVI).				

Military Service Information Page 3				
1. Decedent's Highest Education Level:	14. Ever any hazardous duty or combat assignment?			
□ 1. <hs 3-year="" 6.="" degree<="" graduate="" nursing="" td="" □=""><td>□ 1. No □ 2. Yes</td></hs>	□ 1. No □ 2. Yes			
☐ 2. HS GED ☐ 7. Bachelor-level degree ☐ 3. HS diploma ☐ 8. Masters-level degree	15. How many deployments (30 consecutive days or longer) in the 3 years prior to incident?			
☐ 3. HS diploma ☐ 8. Masters-level degree ☐ 4. Some college ☐ 9. Post-Masters-level	☐ 1. None ☐ 2. One ☐ 3. Two ☐ 4. Three or more			
☐ 5. Assoc. degree	16. Did decedent PCS in the 6 months prior to the incident?			
2. Latest Marital Status:	□ 1. No □ 2. Yes			
☐ 1. Married	17. Was a PCS expected in the 6 months following the incident?			
☐ 2. Living as married	□ 1. No □ 2. Yes			
☐ 3. Never married and not living as married	18. Highest level of security clearance within 12 months prior?			
☐ 4. Legally separated / Divorced / Widowed;	☐ 1. Unclassified ☐ 3. Secret			
if sep./divorced/widowed, since when (YYYY/MM/DD):	□ 2. Confidential □ 4. Top Secret			
	19. Date of end of obligated service (if enlisted):			
3. Lived-at residence for most of the 30 days prior:	(YYYY/MM/DD)://			
□ 1. Ship□ 4. Owned/leased house/apartment□ 2. Barracks□ 5. Other:	20. Date decedent reported aboard command where assigned at the			
3. Family qtrs.	time of the suicide: (YYYY/MM/DD):// 21. During the decedent's last 30 active-duty days, how many full			
4. Was residing with (at above location):	24-hour days were spent:			
No Yes	a. On official leave, excluding overnight pass, 3-day pass,			
□ 2 □ a. Squadbay/Ship's Company (or military group of >4)	shore leave, or liberty:			
\Box b. Roommate(s) (other than above)	b. Deployed at sea or in the field:			
□ □ c. Spouse/Partner	22. Assess decedent's level of integration or interaction in the unit.			
☐ ☐ d. Parent(s) ☐ ☐ e. Child(ren)	□ 1. None; kept to self □ 3. Average; got along OK			
☐ ☐ f. Other type(s):	☐ 2. Marginal; minimal ☐ 4. Above aver.; well regarded			
☐ ☐ g. No one; resided alone	5. Strong; highly regarded			
5a. The level of the decedent's last Overall Performance rating:	23. Assess the decedent's support system. <i>(circle one number)</i> 1 2 3 4 5			
☐ 1. Above average ☐ 3. Below aver.	1 2 3 4 5 No Friends; Some Friends; Many Friends;			
\square 2. Aver. \square 0. (None done; <i>skip date</i>)	Little/No Support Average Support Good Support			
b. Performance rating date: (Y Y Y Y / M M / D D)	24. Level of participation in off-duty productive or positive			
6a. The level of the decedent's next-to-last Overall Performance	activities (hobbies, sports, education, religious groups, etc.)?			
rating: 1. Above average 2. Below aver.	☐ 1. None ☐ 4. Regular			
\square 2. Aver. \square 0. (None done; <i>skip date</i>)	2. Innequent 25. Very Frequent			
b. Performance rating date: / /	☐ 3. Occasional 25. Over the 6 months prior to the suicide act, the decedent's			
7. Number months decedent had been assigned to command	military performance and work behavior was described by			
where serving at time of suicide ($<1 = 0$): months.	supervisors or co-workers as:			
8. Promotion status on last eval/report:	☐ 1. Poorer than usual ☐ 2. Usual ☐ 3. Better than usual			
Navy Marine Corps	26. Supervisors or co-workers characterized the decedent's			
☐ 1. Early Promote ☐ 6. Recommended	behavior in the two weeks prior to the suicide act as:			
☐ 2. Must Promote ☐ 7. Not Recommended	☐ 1. Usual			
☐ 3. Promotable for Promotion ☐ 4. Progressing	☐ 2. Unusual (specify):			
\square 5. Unsatisfactory <i>Or:</i> \square 0. (No evals done)				
9. Failed last PRT or	27. Supervisors or co-workers characterized the decedent's behavior on the day of the suicide act as:			
in remedial PRT? 1. No 2. Yes	□ 1. Usual			
10. Recently failed selection or denied reenlistment? □ 1. No □ 2. Yes	☐ 2. Unusual (specify):			
11. Ever demoted?	☐ 3. Not observed by any of them the day of the act			
☐ 1. No ☐ 3. More than once	28. Did the decedent comment about future plans or life goals in the			
□ 2. Once □ 0. (N/A; was still at lowest paygrade)	weeks prior to the suicide act?			
12. Evidence of waiver (for any reason) to enter the service?	□ 1. No □ 2. Yes □ 8. No evidence/info available 29. Did the decedent recently communicate suicidal ideation/intent			
□ 1. No □ 2. Yes, for:	to anyone?			
13. Service-entry AFQT score (if Enlisted):	☐ 1. No ☐ 2. Yes ☐ 8. No evidence/info available			

Military Service Information –continued Page 4			
30. Which of these relationship problems applied to the	(#31 continued:)		
decedent relatively recent to the suicide? No Yes NE (=No Evidence/Info Available) 1 2 8 1 a. Geographical sep. from immediate family. 1 b. Conflict with or estrangement from a family	□ □ □ g. Any evidence of military non-medical, legal of administrative problems (UCMJ violation, cour martial, investigation, EEO complaint, disciplinary counseling, etc.)?	rt- y	
member other than spouse. c. Marital affair. d. Marital separation. e. Divorce. f. Break up of other romantic relationship. g. Violence toward an adult. h. Child maltreatment. i. Difficulty with child custody arrangements. j. Death of a loved one. k. Other:	□ □ □ h. Any evidence the decedent had committed set abuse or domestic violence? □ □ □ i. Was decedent accused of or under investigation apprehension for any other criminal behavior sexual misconduct, fraternization, other crime agas person/property, homicide, etc.)? □ □ □ j. Any serious financial problems (bankruptcy, let indebtedness, gambling, bill collectors, bad credit etc.)? □ □ □ □ k. Was the decedent the subject of civil legal difference.	on or (other inst	
31. Any recent evidence of: (select code of most recent) Codes: 1 = No, not within 12 months prior to suicide 2 = Yes, between 3-12 months prior to suicide 3 = Yes, within 3 months prior to suicide 8 = (No evidence/info available)	(civil arrest, child custody dispute, etc.)? 1. Any recent interest in or arrangements for his/personal affairs (changes to will, SGLI beneficia private medical insurance, etc.)? 1. m. Did the decedent experience a recent relation	/her aries,	
a. School problems (dissatisfied with school, poor performance, adjustment problem, problems with teacher/peer, etc.)? □ □ □ □ b. Job dissatisfaction (unwanted billet/PCS, wanted	problem (breakup, separation, affair, divorce, etc. n. Any recent death of a loved one, relative, frie Sailor/Marine? n. History of violent/aggressive behavior?	.)?	
out of military, etc.)? C. Other work problems (training failure, problems with supervisor/co-worker adjustment problems poor	 p. Problems regulating emotion (anger, anxiety, ir control, etc.)? q. Problems handling/managing job stress? Was the decedent anticipating the onset of other legal/adr 		
 □ □ □ d. Did decedent work other than a regular daytime work shift (night shift, split shift, week-ends, etc.)? □ □ □ □ e. Any documented problems with authority 	job qualifications problems related to the decedent's: No Yes NE (=No Evidence/Info Available) 1 2 8 1		
(Captain's Mast, NJP, Page13, Page11, etc.)? ☐ ☐ f. Evidence of recent job loss (admin./involuntary sep., relieved of duty, reassignment for performance problems, etc.)?	□ □ □ b. behavior/actions/conduct? □ □ □ c. physical health developments? □ □ □ d. mental health developments?		
33. For items in the Military Service Info section, your comments (optional) for any item and/or a brief explanation (required) for each unanswered item (refer to decedent as SNM):			

	Page 5
Situational Factors	Use of Services
1. Has the decedent's command experienced any of the following within one year prior to the suicide act? No Yes	1. Any evidence the decedent recently used the following services? (select code of most recent) Codes: 1 = No, not within 12 months prior to the suicide 2 = Yes, between 3-12 months prior to the suicide 3 = Yes, between 1-3 months prior to the suicide 4 = Yes, within 1 month prior to the suicide 8 = (No evidence/info available) 1 2 3 4 8
Medical In 1. How many outpatient visits for any medical (physical or mental) problems in the 12 months prior to the suicide? □ 1. None □ 2. 1-2 □ 3. 3-7 □ 4. 8-12 □ 5. 13+ 2. Any currently prescribed medications? □ 1. No □ 2. Yes	(#4 continued:) Axis I: /
If yes, specify: 3. Recent physical health problems requiring treatment or prescribe medication: Codes: 1 = No, not within 12 months prior to the suicide 2 = Yes, between 3-12 months prior to the suicide 3 = Yes, within 3 months prior to the suicide 1 2 3 1 a. Recent catastrophic diagnosis (cancer, HIV-pos., etc.)? 1 b. Chronic illness/condition (back pain, migraine, diabetes, on the suicide of the su	e. Disposition from eval/tx for psychiatric condition(s): No Yes 1 2 1 01. Outpatient at time of suicide
4a. Did decedent receive a referral for a psychiatric eval./treatment within about 1 year prior? □ 1. No □ 2. Yes □ 9. Unknown 4b. Did decedent receive eval/tx for a psychiatric condition (includ suicidal ideation or attempt) within 1 year prior to the suicide a □ 1. No, not within 12 months prior □ 2. Yes, most recently between 3-12 months prior □ 3. Yes, most recently within 3 months prior □ 3. Yes, most recently within 3 months prior □ 8. (No evidence/info available) If yes: (if no, skip sub-items c through h, no comment required) c. DSM-IV primary diagnosis (most recent):	□ 04. Returned to full duty, with follow-up care (tx) □ 05. Referred for alcohol or drug treatment □ 06. Referred for limited duty board ing □ 07. Referred to physical/medical eval. board

Medical Infor	mation –continued Page 6
5a. Any previous suicide gestures/attempts?	12. During the last 30 days that decedent was observed by
☐ 1. No ☐ 3. Two ☐ 5. Four or more	military associates (irrespective of suicide date), about how
□ 2. One □ 4. Three □ 8. (No evidence/info available)	often did the decedent engage in the following physical
· ·	activities?
b. If yes, for most recent previous incident: (if no, skip b sub-items)	Coues. 1 – 3 to 7 days a week
i. Method: ☐ 01. Firearm/Gunshot ☐ 04. Carbon Monoxide	2 = 1 to 4 days a week
□ 02. Cutting/Piercing □ 05. Ingestion	3 = 1 to 3 days in last duty month 4 = Never in last duty month
□ 03. Hanging □ 06. Jump from height	8 = (No evidence/info available)
	\square \square \square \square \square a. Run, job, bike, hike, or briskly walk for 20
□ 07. Other:	minutes or more?
ii. Describe act:	□ □ □ □ b. Engage in some other strenuous physical
iii. Date (YYYY/MM/DD):///	activity (handball, soccer, swimming laps, etc.)
6. Any evidence of family history (<u>ex</u> cluding the decedent) of:	for 20 minutes or more?
Codes: 1 = No; the evidence is negative.	□ □ □ □ c. Engage in mild physical activity (non-passive
2 = Yes; the evidence is positive. 8 = (No evidence/information is available.)	sports or games, like baseball) more for
1 2 8 1 2 8	recreation than exercise?
□ □ a. Substance abuse? □ □ □ c. Suicide gestures/attempts?	□ □ □ □ d. Engage in other exercise work-out (weight-
□ □ b. Depression? □ □ d. Suicide?	lifting, calisthenics, yoga, etc.)?
	13. During the last 30 days the decedent was observed by
7. Any evidence of pre-service psychiatric problems?	military associates (irrespective of suicide date), how often
□ 1. No □ 2. Yes: □ 8. NE*	did decedent drink alcohol?
8. Any evidence decedent was a child abuse victim?	☐ 1. 5-7 days a week ☐ 3. 1-3 days in last 30
□ 1. No □ 2. Yes: □ 8. NE*	\square 2. 1-4 days a week \square 4. None in last 30 days \square 8. NE*
· · · · · · · · · · · · · · · · · · ·	14. When the decedent drank alcohol, what was the usual
9. Evidence decedent was troubled by a childhood/pre-service	amount at a time (within several hours)?
traumatic event (incident of loss or injury or abuse, etc.)?	□ 0. Didn't drink alcohol in last 30 observed days
□ 1. No □ 2. Yes: □ 8. NE*	☐ 1. 1 serving (1 8-oz beer, 1 4-oz wineglass, 1 jigger of liquor)
10. Evidence was adult victim of physical or sexual abuse?	\square 2. 2 servings \square 5. 5 servings \square 8. NE*
□ 1. No □ 2. Yes: □ 8. NE*	\square 3. 3 servings \square 6. 6 servings
11. Did decedent recently express/demonstrate:	☐ 4. 4 servings ☐ 7. 7 or more servings
No Yes NE*	15. Decedent's <u>usual</u> alcoholic drink of choice in last 30
□ □ a. A desire to die?	observed days?
□ □ b. A desire to be free of all problems?	□ 1. Beer □ 2. Wine □ 3. Liquor □ 4. Other:
□ □ □ c. Lack of interest in usual activities?	□ 0. None in last 30 observed days □ 8. NE*
□ □ d. Feelings of depression?	16a. Any recent alcohol-related problems (frequently intoxicated,
□ □ e. Feelings of hopelessness/uselessness?	binge drinking, DUI, etc.)?
☐ ☐ f. Feelings of anxiety?	☐ 1. None within 12 months prior to suicide
□ □ □ g. Feelings of powerlessness?	☐ 2. Yes, between 3-12 months prior
□ □ □ h. Feelings of failure?□ □ □ i. Feelings of shame, guilt, or remorse?	□ 3. Yes, within 3 months prior
j. Changes in usual sleep patterns?	□ 8. (No evidence/info available)
□ □ k. Changes in eating patterns?	b. If yes: (if no, skip b sub-items)
□ □ 1. Weight gain or loss?	i. Ever known to drive while drunk? 1. No
☐ ☐ ☐ m. Change in usual mood?	□ 2. Yes
□ □ n. Rejection by loved one?	☐ 8. NE* ii. Any alcohol-problem DSM-IV diagnostic code?
□ □ o. Feeling of being burden to others?	
□ □ p. Loneliness?	□ 1. No □ 2. Yes: □ 8. NE*
q. Isolation?	iii. Treatment (tx) status:
□ □ □ r. Impulsivity?	□ 1. In tx □ 4. Tx/Aftercare completed
□ □ s. Self-deprecation?	□ 2. Failed tx □ 5. No tx
t. Self-mutilation?	a. In aftercare 6. Other:
17. For preceding items in the Medical Info section, your comments each unanswered item (refer to decedent as SNM):	(optional) for any tiem ana/or a brief explanation (required) for
each unanswerea tiem (rejer to decedent as SIVIVI).	

^{*} NE = No evidence or information is available; possibility of any evidence is undetermined.

Medical Info	ormation –continued Page	7
18. Any evidence decedent used in the 3 months prior:	23. For how many of the last 30 days the decedent was observed	
No Yes NE*	by military associates did decedent's mental health seem not	<u>t</u>
a. alcohol?	good (signs of stress, depression, emotional problems, etc.)?	
□ □ b. caffeine (caffeinated soda, tea, coffee, etc.)?	☐ 1. 28-30 days (<u>not</u> good about every day)	
□ □ □ c. tobacco?	☐ 2. 20-27 days (5-6 days a week, on average)	
☐ ☐ d. weight loss drug (Ripped Fuel, Xenadrine, Metabolife,	☐ 3. 11-19 days (3-4 days a week, on average)	
Hydroxycut, ephedrine-based drug, etc.)?	☐ 4. 4-10 days (1-2 days a week, on average)	
□ □ e. body-building drug (steroids, androsteine, etc.)?	☐ 5. 2-3 days in the last 30 observed days	
19. Any change within 2 weeks prior to the suicide act in the	☐ 6. Once in the last 30 observed days	
decedent's use of:	☐ 7. Never in the last 30 observed days	
No Yes NE*	8. (No evidence/info available)	
1 2 8	24. For how much of the last week that the decedent was observed	ed
□ □ b. caffeine? If yes, change:	by military associates did decedent seem depressed?	
□ □ c. tobacco? If yes, change:	□ 1. 5-7 days □ 2. 3-4 days □ 3. 1-2 days	
□ □ d. weight-loss drug? Change:	4. Less than 1 day or Never in last week	
□ □ e. body-building drug? Change:	25. For how much of the year prior did the decedent's ability to perform his/her military job seem to be interfered with by:	
□ □ f. other? specify substance:	1	
& if Other, specify change:	Codes: 1 = A Lot 3 = A Little 5 = No Stress Apparent in Year Prio 2 = Some 4 = Not At All 8 = NE*	Л
20. Did decedent have any history of drug use/abuse (other than	1 2 3 4 5 8	
alcohol/nicotine/caffeine)?	□ □ □ □ □ a. stress at work?	
□ 1. No □ 2. Yes, with: □ 8. NE*	□ □ □ □ □ b. stress in family life?	
21. Any evidence the decedent used any of the following in the	26a. During the time the decedent was assigned to the duty static	on
year prior? (select code of most recent use)	at the time of suicide, did anyone in the military, in respons	
Codes: 1 = No positive evidence within 12 months prior to suicide	to stress observed in the decedent, offer or provide support	
2 = Yes, between 3-12 months prior to suicide	(sympathy, counsel, referral, etc.)	
3 = Yes, within 3 months prior to suicide 8 = (NE*)	iin the several weeks prior to the suicide act?	
0 - (NE ⁻)	☐ 1. No stress observed ☐ 3. Yes, on 1 occasion	
□ □ □ a. Body-building drug (steroids, androsteine, etc.).	\square 2. No \square 4. Yes, more than once \square 8. NE	: *
□ □ □ b. Weight-loss drug (Ripped Fuel, Xenadrine, Metabolife,	iior <u>before</u> the several weeks prior to the suicide act?	
Hydroxycut, ephedrine-based drug, etc.).	☐ 1. No stress observed ☐ 3. Yes, on 1 occasion	
□ □ □ c. Ritalin.	\square 2. No \square 4. Yes, more than once \square 8. NE	<u>}</u> *
□ □ □ □ d. Amphetamine (meth, Dexedrine, etc.).	If support was <u>not</u> offered, skip sub-items b through d.	
□ □ □ □ e. Tranquilizer/Depressant.	b. If offered , what level of support was ever offered (at	
□ □ □ f. Marijuana/Hashish/THC.	decedent's command-at-time-of-suicide)?	
g. Cocaine/Crack/Heroin/Morphine/Opium.	No Yes NE* 1 2 8	
D. D. D. i. Decision of the Market Poly LCD	□ □ □ a. sympathetic ear	
i. Designer drug/Hallucinogen (ecstasy, PCP, LSD,	□ □ b. advice	
ketamine, GHB, etc.). i j. Other:	□ □ c. formal referral	
22. For how many of the last 30 days that the decedent was	☐ ☐ d. personal aid (ride, loan, accompanyment, etc.)	
observed by military associates did decedent's <u>physical</u> health	□ □ e. other:	
seem <u>not</u> good?	c. If offered , what was decedent's immediate response to the	
☐ 1. 28-30 days (not good about every day)	most recent offer?	
☐ 2. 20-27 days (5-6 days a week, on average)	☐ 1. Very hostile ☐ 4. Somewhat appreciative	
☐ 3. 11-19 days (3-4 days a week, on average)	☐ 2. Somewhat resentful ☐ 5. Very appreciative	
☐ 4. 4-10 days (1-2 days a week, on average)	□ 3. Polite/Neutral □ 8. NE*	
☐ 5. 2-3 days in the last 30 observed days	d. If offered , how did the offer seem to affect decedent's	
☐ 6. Once in the last 30 observed days	disposition/mood/attitude over the next day or so?	
☐ 7. Never in the last 30 observed days	☐ 1. Much worse ☐ 4. Somewhat better	
■ 8. (No evidence/info available)	□ 2. Somewhat worse □ 5. Very much better	
, ,	□ 3. Seemed the same □ 6. Suicide within that time □ 8. N	
27. For items on this page, your comments (optional) for any item and/or a brief explanation (required) for each unanswered item (refer to decoder to SNM):		
(refer to decedent as SNM):		
1		

^{*} NE = No evidence or information is available; possibility of any evidence is undetermined.

Command Interview Form Page 8	
Directions: This form is to be used to record information from a <u>military</u> person (other than yourself) familiar with the decedent (supervisor, co-workers, peers in berthing spaces/barracks, etc.). Interviews should be conducted <u>only</u> with individuals who are directly affiliated with the military (and not with any member of the decedent's family).	
Use one form per respondent. Make and insert copies of this blank page as needed. Enter a/b/c, etc., to above page number.	
1a. Respondent's relation to decedent: chaplain / supervisor / co-worker / berth-/room-mate / peer / CACO / other:	_
b. Respondent's freq. of contact with decedent: daily / almost daily / weekly / almost weekly / monthly / several times / once / non $\frac{1}{2}$ $\frac{2}{3}$ $\frac{3}{4}$ $\frac{4}{5}$ $\frac{5}{6}$ $\frac{6}{7}$ $\frac{7}{8}$	1e
c. Date(s) of interview (YYYY/MM/DD):	-
d. Form filled out by (circle one): respondent / POC 2	
2. Please provide a description of the deceased's behavior or emotional state prior to the fatal event.	_
	-
	-
	-
	-
	-
3. In your view, what seemed to be the event(s) or problem(s) that led to the deceased's (alleged) suicide?	
	-
	-
	-
	-
	-
	-
	-
	-
	-
	-

End of Command Interview Form

POC: Are there items in the preceding sections this interviewee can help answer?

Command Interview Form Page 8_
Directions: This form is to be used to record information from a <u>military</u> person (other than yourself) familiar with the decedent
(supervisor, co-workers, peers in berthing spaces/barracks, etc.). Interviews should be conducted only with individuals who are
directly affiliated with the military (and not with any member of the decedent's family).
Use one form per respondent. Make and insert copies of this blank page as needed. Enter a/b/c, etc., to above page number.
1a. Respondent's relation to decedent: chaplain / supervisor / co-worker / berth-/room-mate / peer / CACO / other:
b. Respondent's freq. of contact with decedent: daily / almost daily / weekly / almost weekly / monthly / several times / once / none 1 2 3 4 5 6 7 8
c. Date(s) of interview (YYYY/MM/DD):
d. Form filled out by (circle one): respondent / POC
2. Please provide a description of the deceased's behavior or emotional state prior to the fatal event.
3. In your view, what seemed to be the event(s) or problem(s) that led to the deceased's (alleged) suicide?
5. In your view, what seemed to be the event(s) of problem(s) that led to the deceased s (aneged) suicide:

End of Command Interview Form

POC: Are there items in the preceding sections this interviewee can help answer?

	POC's Narrative Summary Page 9
1.	What were the relevant stressors/events surrounding this suicide? For each stressor/event, indicate the sequence or timeframe (the day before the suicide, 2 hours before last seen, a few weeks earlier, during about 3 months prior, an upcoming court appearance scheduled two days after the suicide, etc). (Refer to decedent as SNM.)
2.	Has this incident prompted any formal or informal changes in command procedures? (If yes, specify.)
3.	How do you think this incident will/should change suicide prevention efforts of people at your command (including informally)?
4.	Do you or your command have any recommendations to improve the Suicide Prevention Program?
5.	This page was filled out: (a.) On what date(s)? (YYYY/MM/DD):

Note: Please respond to feedback section on the next page.

Feedbacl	k Section Page 10
1. Assess difficulty with use of record sources:	2. Assess difficulty with use of people sources:
a. Decedent's Service Record: No Yes 1 2 1 1. Available? 2 2. Easy to obtain? 3 Complete?	a. Non-command people (anyone from another command, civilian No Yes police, etc.): 1 2 1. Easy to contact? 2. Cooperative? 3. Good sources of information?
□ □ 4. Useful?	b. If 'No,' specify type of person & reason:
b. If 'No,' specify reason: c. Decedent's (non-dental) Medical Record: No Yes 1 2 1 1. Available? 3 Complete?	c. Command interviewees: No Yes 1 2 1 1. Easy to contact? 2 2. Cooperative?
□ □ 2. Easy to obtain? □ □ 4. Useful?	□ □ 3. Good sources of information?
d. If 'No,' specify reason:	d. If 'No,' specify type of person & reason:
e. Other records/reports (including 2ndary mental health recs); specify type(s):	3. What DONSIR items were the most difficult to answer? Page# Item# Reason (refer to decedent as SNM) — — —
No Yes No Yes 1 2 1. Available? 2. Easy to obtain? 3. Complete? 4. Useful? 1. If 'No,' specify type of record & reason:	
	4. Approximately how much time did it take <u>you</u> to complete this report (include time acquiring records, reviewing records or information, entering responses to non-interview items, contacting interviewees, interviewing & entering responses)? hour(s)
5. What questions/concerns does the command have about the St	uicide Incident Report or process?
6. What suggestions do you or your command have for improvin	ng the process of data collection?